# ARWA ALSARAIREH, DNP, RN

# CURRICULUM VITAE January, 2021



# PERSONAL DATA

Name: Arwa Mahmoud Alsaraireh DNP, RN

Place of birth: Jordan

Mailing address: Faculty of Nursing, Mutah University, Alkarak, p.o 7, Jordan

Mobile Phone: +962-797856823 Email: <u>arwa22\_jo@yahoo.com</u> <u>ar\_srayreh@mutah.edu.jo</u>

Website:

https://www.mutah.edu.jo/index.php?option=com\_content&view=article&id=1658&Item

id=1491&lang=ar

# **EDUCATION**

Doctor on Nursing practice Case Western Reserve University

(2011- 2013) Major: Midwifery

Masters of Science in Nursing Case Western Reserve University

(2008\_2011) Major: Midwifery

Bachelor of Science of Nursing Mutah University-Jordan

(2001-2005) Major: Nursing

Midwifery diploma Rufaida Isalmic college for nursing (1999-2001) and midwifery Alzarqa-Jordan

## PROFESSIONAL EXPERIENCE

| Academic Rank, Title or Position |   | <u>Dates</u>      |
|----------------------------------|---|-------------------|
| Associate professor              | Maternal child Nursing Department- Faculty of Nursing, Mutah University (Alkarak-Jordan). | 2018-now          |
| Assistant Professor              | Maternal child Nursing Department- Faculty of Nursing, Mutah University (Alkarak-Jordan). | 6/2013-<br>2018   |
| Clinical Instructor              | Maternal child Nursing Department- Faculty of Nursing, Mutah University (Alkarak-Jordan). | 4/2006-<br>8/2008 |
| Registered Nurse                 | Labor and delivery ward, Postanatal ward,<br>Operating room                               | 1/2003-<br>3/2006 |

#### AWARDS AND HONORS

Fully-funded Governmental Scholarship during Master and Doctoral study at Case Western Reserve University from Mutah University, Alkarak, Jordan
Fully-Funded Governmental Scholarship during undergraduate study, Higher educational counsill, Amman, Jordan

# **ADMINISTRATIVE EXPERIENCE**

- Sept 2014-Sept 2016 Head of the department of Maternal and Child health -Faculty of Nursing-Mutah university
- **Sept 2019-present** Head of the department of Maternal and Child health -Faculty of Nursing-Mutah university

#### **COMMITTEES & ACTIVITIES**

- 9/2016-9/2017 Scientific and ethics committee College of Nursing-Mutah university (Member).
- Scientific Committee of Faculty of Nursing-Scientific Day: Faculty of Nursing-Mutah University, Amman, Jordan (Member).
- Faculty Board. Faculty of Nursing-Mutah University, Alkarak, Jordan (Member).
- 9/2013-9/2014 Scientific and ethics committee College of Nursing-Mutah university (Member).
- Jan 2020-present Supervisory Committee of the Legal Nursing and Midwifery Exam/ Maternal and Newborn Health Nursing Committee/member Jordanian Nurses' council

#### PROFESSIONAL SOCIETY MEMBERSHIP

- Member, Ohio Board of Nursing, since 2008
- Member, California Board of Nursing, since 2008
- Member, Jordanian Nurses and Midwives Association 2001-present

## RESEARCH EXPERIENCE

Oral Health in Pregnancy: Knowledge and Practice Patterns among Nurse Midwives. . (**Alsaraireh, A.**, Principal Investigator). DNP thesis, Case Western Reserve University, 2011-2013.

## **PUBLICATIONS**

- **Alsaraireh, A.**, & Darawad, M. W. (2018). Breast cancer awareness, attitude and practices among female university students: A descriptive study from Jordan. Health care for women international, 39(5), 571-583.
- **Alsaraireh, A.,** & Darawad, M. W. (2017). Impact of a Breast Cancer Educational Program on Female University Students' Knowledge, Attitudes, and Practices. Journal of Cancer Education, 1-8.
- Suliman, M., Al Qadire, M., Alazzam, M., Aloush, S., **Alsaraireh, A.,** & Alsaraireh, F. A. (2018). Students nurses' knowledge and prevalence of Needle Stick Injury in Jordan. Nurse education today, 60, 23-27.
- Shoqirat, N., Almajali, A., & **Alsaraireh**, **A**. (2019). "From a Family Home to Hell": Experiences and Consequences of Intimate Partner Violence Among Married Jordanian Women. Issues in mental health nursing, 40(1), 33-40.
- Almajali, A., Shoqirat, N., & **Alsaraireh**, **A.** (2019). "When I get married...": Contributing factors to intimate partner violence among married Jordanian women: A qualitative study. Health care for women international, 40(1), 66-82.
- Al-Shdayfat, N., Abuidhail, J., Hamadneh, S., & Saraireh, A. (2019). Adolescents' Perspectives Towards Using Social Networking and Internet to Gain Information about Reproductive and Sexual Health in Jordan: A Qualitative-Community based Study. International Journal of Nursing Education 11(3):92, 11(3), 92.
- **Alsaraireh, A.,** Darawad, M. (2020). Predictors of Breast Self-Examination Practice among Jordanian Female University Students. Natural and Applied Sciences Series, 35(1).
- Khalil, R., Ali, D., Mwafi, N., **Alsaraireh, A**., Obeidat, L., Albsoul, E., & Al Sbou, I. (2021). Variant Analysis of Alkaptonuria Families with Significant Founder Effect in Jordan. BioMed Research International
- Mahasneh, D., Shoqirat, N., **Alsaraireh, A.**, Singh, C., & Thorpe, L. (2021). From Learning on Mannequins to Practicing on Patients: Nursing Students' First-Time

Experience of Clinical Placement in Jordan. SAGE Open Nursing, 7, 23779608211004298.

### IN REVIEW & ONGOING RESEARCH PROJECTS

- Knowledge, Attitudes and Practices Regarding Obstetric Danger Signs among Jordanian Pregnant Women Attending Antenatal Clinic in Jordan
- Student Nurses attitudes towards using Social Media to raise the awareness of their community about Covid-19 pandemic

#### FUNDED RESEARCH ACTIVITIES

February, 2017

• Principal investigator. Impact of a Breast Cancer Educational Program on Female University Student's Knowledge, Attitudes and Practices. Funded by Deanship of Academic Research- Mutah University (JD 5000).

September, 2017

• Co-investigator. Adolescents' Perspectives towards using Social Networking and Internet on Gaining Information about Sexual & Reproductive Health: a National Qualitative Study from Jordan. Funded by Deanship of Academic Research- Alalbayet University of Jordan (JD 3600).

## **CONFERENCES & WORKSHOPS**

- 1. August 1, 2018, attended " المنتدى العلمي الرابع ل-جنا بعنوان تبادل الخبرات وتحفيز التشاركيه والصناعيه والحكوميه والحكوميه التشابك بين القطاعات الاكا ديميه و الصناعيه والحكوميه المناعية والحكومية والمناعية والحكومية المناعية والحكومية المناعية والحكومية والحكومية المناعية والحكومية وال
- "حضور ورشه العمل الوطنية لعرض نتائج دراسة واقع وحال مهنه القباله في الأردن " July 7, 2018
- **3. April 10, 2018.** Attended the 10th scientific day, "Clinical Nursing: Rhetoric, Reality and future opportunities". Mutah University, Al-Karak, Jordan
- **4. January** (**16-19 -2017**). Attended a workshop entitled "research capacity building, qualitative research and proposal writing"
- **5. May 5-201**6 Attended a Scientific day entitled "Contemporary Issues in Nursing Care: Today & Tomorrow". Alalbayet University-Jordan.
- **6. May 31-June 2, 2015.** Attended a workshop entitled "qualitative Research". School of Nursing-Philidelphia University, -Jordan.

- **7.** May 21, 2014. Attended a Scientific day entitled "Integrating the Role of the CNS into Healthcare System". School of Nursing- University of Jordan, Amman-Jordan.
- **8. April 16, 2014.** The 8th scientific day, "Women and Child Health: Safe Life Journey". Mutah University, Al-Karak, Jordan.(**Presenter**)

#### **LANGUAGES**

- **Arabic**: Native speaker
- English: Strong command of English reading, writing and conversation.

### **SKILLS AND QUALIFICATIONs**

- ICDL
- Teaching and Learning

# **Teaching experience**

# **Undergraduate Courses:**

- Maternal and newborn health nursing/Theory.
- Maternal and newborn health nursing/Clinical.
- Growth and development for child
- Nursing research methods
- Research methodology (BSN)
- Health Assessment and Physical Examination (BSN)
- Medical terminology

#### **Graduate Courses:**

- Research methodology.
- Maternal and newborn health nursing/ Theory.
- Maternal and newborn health nursing/Clinical.
- Maternal and newborn health nursing-Advanced/Theory.
- Maternal and newborn health nursing-Advanced/ Clinical.

# **SUPERVISORY**

## M. Sc. Supervision

- <u>Co -Advisor: master thesis:</u> Title: The Impact of Educational Intervention on Jordanian HealthCare Provider's Knowledge and Attitude towards Umbilical Cord Banking: Quasi Experimental Study. **Lubna Allimon.** Mutah University-Faculty of Nursing. Alkarak-Jordan. 2016-2017.
- <u>Co- Advisor: master thesis:</u>. "From a Family Home to a Wrestling Ring": Experience of Intimate Partner Violence Among Married Jordanian Women .Ayah Al Majali. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2016-2017.

- <u>Co-Advisor: master thesis:</u> Knowledge, Attitudes and Practices Regarding Obstetric Danger Signs Among Jordanian Pregnant Women Attending Antenatal Clinic Health Services in Al- Karak Governate .**Bodoor Almatarneh.** Mutah University-Faculty of Nursing. Alkarak-Jordan. 2016-2017.
- <u>Primary Supervisor: master thesis:</u> Health Care Providers Knowledge, Attitude and Practice towards Exercise during Pregnancy: A Descriptive Study from the Southern Region of Jordan. **Shrouq Alsaraireh**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2019-2020.
- <u>Primary Supervisor: master thesis:</u> The Effect of Swaddling as A Non-Pharmacological Method on Heel Stick Pain Response among Neonates in The South of Jordan: A quazi Experimental Study". **Ayat Alsalmeen**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2019-now.
- <u>Internal Examiner 2017:</u> "Dysmenorrheal awareness among female adolescent students in South of Jordan: A cross sectional study". **Master's thesis**, Faculty of nursing, Mutah University.
- <u>Internal Examiner 2019:</u> "Knowledge and Practice of Active Management of Third Stage of Labor among midwives in the Southern Region of Jordan". **Master's thesis**, Faculty of nursing, Mutah University.
- <u>Internal Examiner 2019: "Testing the Effectiveness of an Educational Session in Improving Preconception Health Knowledge among High School Students in the Southern Region of Jordan"</u>. **Master's thesis**, Faculty of nursing, Mutah University.

## **COMMUNITY SERVICES**

- Presented a lecture about "Marriage of minors and its impact on reproductive health" at Alqatrana, Jordan, 2018
- Presented a lecture about "Breast cancer and menstrual health and hygiene at "soul secondary school for girls", ministry of Education, Alkrak, Jordan, 2018
- Presented a lecture about Breast cancer and breast self examination at "Kadeeja Elementary School", Ministry of Education, Alkarak-Jordan, 2017
- Presented a lecture about Reproductive health and Fetal-newborn health at Mutah University. College of Educational science, Mutah University, 2015